

## Return to work post national Coronavirus (COVID-19) lockdown

As the national lockdown draws to an end, South Africans will soon return to work. When employees return to work, it is important for companies to implement appropriate public health measures. These will be in line with the government announced risk-adjusted strategy for economic activity to prevent and reduce the spread of coronavirus (COVID-19) amongst employees, contractors and clients.

We at Momentum Wellness are prepared and aligned with government to support efforts within the workplace to curb the spread of the virus and “flatten the curve”. Our purpose remains that of enabling more health, for more South Africans, for less. Health and wellbeing are at the core of our existence, consequently contributing to the fight against coronavirus (COVID-19) is top priority for us.

As an industry-leading workplace wellness provider, Momentum Wellness is therefore, making available to our clients Coronavirus (COVID-19) Return to Work Solutions. This includes:

### Workplace health and safety, our solutions:



#### Occupational Health Risk Assessment:

Qualitative evaluation of the potential exposure risk, suitability of control measures and recommendations on the improvement of control measures to curb the spread of the virus.



#### Microbiological Swab Sampling:

Sterile swab sampling on selected surfaces in your workplace to determine the presence of micro-biological activity, and by so doing quantitatively evaluating the effectiveness of cleaning practices.



#### Return to Work Screening:

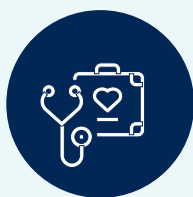
Toolkit for the on-site screening of employees by means of a digital COVID-19 self-risk assessment questionnaire, employee temperature screening and referral recommendation for high-risk employees, guidelines, as well as on-site assistance.

### Employee wellbeing, our solutions:



#### Counselling and support:

Employees have access to professional services of counselling and coaching, legal and debt guidance. The call centre is open 24hrs to provide ongoing emotional support.



#### Resource Hub:

COVID-19 is ever-changing and going to continue to be a challenge in the workplace. Our support hub for employees and managers offers information resources and tips to foster wellbeing as we all hurtle through this period. Available through our APP and website.



#### Employer/manager support:

How to implement correct procedures to secure staff safety as they return to work. Referral mechanism for high-risk individuals. How to thrive in these challenging times - tips for managers.



#### Health Advice:

We have HPCSA verified doctors who will reassure and help people manage COVID-19 at home and under quarantine with up to date **medical advice**, suggested **medication** and **referral**.

## Why conduct Return to Work Screening?

**Protect employee health**

**Lower healthcare and social costs**

**Curb the spread of infection**

**Increase productivity and boost economic growth**

At Momentum Wellness, we appreciate how important the health and wellbeing of your employees are to your company. We share the same values, welcoming the opportunity to provide your company with an obligation-free quotation on the Return to Work Solutions on Coronavirus (COVID-19).

### Contact us:

Return to work services...

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